

To: Athletic Directors/Cross Country Coaches

From: Mike Power AD, Mark Kloser XC Coach, Denis Bormann MS Coach

Subject: Kuemper Catholic Invitational Cross Country Meet

Date: Saturday, September 18, 2021

Location : SWAN LAKE STATE PARK - 22676 Swan Lake Drive Carroll, IA, 51401
2 miles south, 1/4 miles East of Carroll, near the Eastside Shelter House



Entry Fee: Boys' Division--**\$75.00**; Girls' Division--**\$75.00**; (\$150 for both). Middle School--**\$10** for each team

Buses: Continue past the Eastside shelter house and turn left at the next corner. This road continues behind the shelterhouse and the buses can park there

Spectators: Can park in the area of the Eastside shelter house and along the road to the South

Teams: Class A (300 or more): North Polk, Council Bluffs AL, Spencer, Council Bluffs TJ, Webster City, Atlantic, Denison, Kuemper, Lewis Central, Nevada, Bondurant-Farrar, Harlan

Class B (300 or less): MVAOCO, Alta-Aurelia, East Sac County, OABCIG, South Central Calhoun, Southeast Valley, Underwood, Exira/Elk Horn-Kimballton, Woodward Academy, Coon- Rapids Bayard

MEET ENTRIES:

Meet registrations will be done at <http://www.theendresultcompany.com/xc/>

Entry Deadline: 8pm September 18, 2021 - Each team will get a packet with a map for each team. We will use chips to score racing placed in the athletes' shoe - ALL Chips must be returned at the end of each race.

Kuemper Contacts:

Coach Mark Kloser 563-299-8966, Coach Denis Bormann 712-830-3769, AD Mike Power 712-301-4610

Concessions: The Booster Club will be grilling for breakfast. The shelter house will not be available for team meals.

Race Approx. Start Time

9:00 am HS Boys Class B - JV/V 5K – Championship Trophy, medals for first 25 Varsity finishers; 10 medals for JV.

9:30 am HS Girls Class B - JV/V 5K – Championship Trophy, medals for first 25 finishers; 10 medals for JV. 10:00

am HS Boys Class A - JV/V 5K – Championship Trophy, medals for first 25 finishers; 10 medals for JV. 10:30 am

HS Girls Class A - JV/V 5K – Championship Trophy, medals for first 25 finishers; 10 medals for JV. MS Boys 11:00

am MS 2 Mile Medals for top 5 finishers, ribbons for remaining finishers.

MS Girls 11:20 am MS 2 Mile Medals for top 5 finishers, ribbons for remaining finishers.

SCORING: Top 7 finishers from each team will be scored for the varsity race. There is no need to declare who your varsity runners are prior to the race. There will be no team scoring at the JV Division.

Please return completed form by Thursday September 16th

E-MAIL: kjriesberg@kuemper.org

INFORMATION: *(Needed in case of inclement weather.)*

School:

Coach's Home Phone No.:

Coach's Cell Phone No.:

Expected Departure Time: